

Mountrath Ballyfin Online Newsletter



Happy
St. Patrick's
Day

ST. PATRICK'S DAY
Mountrath

SUNDAY 17TH MARCH
11.30 AM MUSIC, MARKET & MORE
PARADE 12.30 PM

ALL KINDS OF EVERYTHING

News from around the Diocese - Pages 68 - 70

17th March 2024



A Unique Opportunity

to train to Level 8 (RoI)/Level 6 (UK) as a

Specialist Couple Therapist

Accord CLG is recruiting experienced practitioners to train in the specialism of Couple Therapy.

Successful applicants will follow a 16 day Certificate programme which will provide: the clinical skills essential to couples work; in depth knowledge relating to the handling of **Infidelity, Trauma, Addiction, Neurodiversity, Physical & Mental Illness & Disability, Sex and Intimacy, Stepfamily Dynamics, Diversity, Parenting Issues, the Impacts of Family of Origin,** and **Domestic Abuse** in the couple context; self awareness exercises specific to the needs of the couple and relationship therapist

Course fees paid and placement provided by Accord CLG

Interested? Do you have:

- Level 5 (UK)/Level 7 (RoI) qualification in Counselling/ Psychotherapy?
- Substantial experience of working in the Person-Centred style?
- 100 client counselling hours post-graduation?
- A current supervised caseload?

If you can answer **yes** to **all four** questions above, please contact us for further information about this unique Couple Therapy training package.

info@accord.ie

Final date for receipt of applications 03/05/2024



MOUNTRATH COMMUNITY SCHOOL

BRINGING YOU

BACK TO THE 80'S

The totally
awesome musical

Featuring songs
Kids in America, Loveshack, Girls Just Wanna Have Fun,
and many more.

Wednesday 20th , Thursday 21st , Friday 22nd March 2024
at 8pm in St Philomena's Hall Mountrath.

Ticket prices:- €15 adult, €10 students, retirees, children

Tickets available at the school from
Monday to Thursday from 11am to 11.30am and from 1pm to 2pm.

Sold Out

Choreographer: Catherine McNamee
Presented by kind arrangement with MTI, written by Neil Gooding with Stuart Smith.
Musical Arrangements by Brett Foster and Scott Copeland.

Mountrath Ballyfin Parish News 17th March '24

St. Fintan's Parish, Mountrath – Ballyfin

St. Patrick's Day

Congratulations and Best wishes
to all our TY students who stage
- Back to the 80's - this week

Happy St. Patrick's Day



Easter Ceremonies 2024

Both Parishes

Sun. 24th Mch.

Palm Sunday of the Lord's Passion

Tues. 26th Mch. Penitential Services

Mountrath 7.00 pm Ballyfin 8.00 pm

Thurs. 28th Mch. Holy Thursday

Mass of the Lord's Supper 7.30 pm

Renewal of Commitment of our Ministers of

Holy Communion during Mass

Exposition of the Blessed Sacrament after Mass

- 'till 9.30 pm

Fri. 29th Mch. - Good Friday

Liturgy of the Passion 3.00 pm

Stations of the Cross Outdoor 10.00 am

(Hollow to Roskelton) Indoor 7.30 pm

Laois Litter Clean Up Week

Ballyfin Community Alert have registered to take part in Clean Up Week. Contact Sheila on 086 1570145 for bags, gloves and pickers. Please note the new location for bags of litter is in the yard at the back of the Deadmans Inn.

Ballyfin Community Alert Seniors Alert Scheme

Grant aided personal 24/7 personal monitored alarms help people aged 65 and over to live securely in their homes with peace of mind. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 1570145 for information/application form.

Arranging Anniversary Mass or Month's Mind Mass

The traditional way of arranging an Anniversary Mass remembrance was by visiting the Sacristy before or after Mass and making the necessary arrangement with the priest, who wrote the intention into the Anniversaries Diary, there and then.

However, since Covid this practice has changed.

Arrangements for Anniversary Mass remembrances and Month's Mind Masses are, more often than not, now arranged by email, text message, whatsapp, by phone, among many other ways. Which is great.

On the down-side, it can be quiet difficult to keep track of all these ways. - Sometimes emails can go to folders on the computer other than the main folder and are not seen straight away. The same can apply to text messages and Whatsapp. messages. This can cause a problem when I have no knowledge of these emails / messages coming in and are sometimes not detected at the time.

Can I ask you -

if you send me an email, text message or a message on Whatsapp, or any way, other than visiting the Sacristy, requesting an Anniversary Mass remembrance or arrangements for a Month's Mind Mass and don't hear from me or don't see the relevant name / names in the Newsletter,

please give me a call on 087 241 1594

I really appreciate your cooperation with this matter.



Irish
Cancer
Society

Cancer survivors – Margaret
Walsh and her daughter
Sinéad (14) from Mayo

Scan the QR code
to find out more

Please support:
Daffodil Day
22 March 2024

All in against cancer
Please sign up or donate at cancer.ie



Ballyfin Vintage and Veteran Club, Auto-Jumble

Sunday 14th. April 2024, from 8:00am.

Community Hall, Ballyfin, County Laois.

Strictly vintage, veteran & artisanal related stalls & traders.

Pre-registration and approval for stalls required.

Proceeds in support of local charities

For queries or information on the Ballyfin Vintage & Veteran Club,

please message, text or call 0863101822.

Some Parish Events during 2024 (Mountrath)

Easter Season

Palm (Passion Sunday) 24th March

Blessing and Distribution of "Palm" at both Masses.

Holy Thurs. 28th Mch Mass of the Lord's Supper 7.30 pm

Renewal of Commitment of Ministers of Holy Communion during Mass

Good Friday 29th Mch. Liturgy of the Passion 3.00 pm

Stations of the Cross - 7.30 pm

Holy Saturday 30th March Easter Vigil 8.00 pm

Easter Sunday 31st Mch

The Hollow Church Mass of the Resurrection 9.00 am

Mountrath Church Mass of the Resurrection 11.30 am

Renewal of Baptismal Promises at both Masses

Ceremony of Confirmation Fri. 26h April

Ceremony in Mountrath Church 11.00 am

Ceremony in Ballyfin Church 2.30 pm

1st Holy Communion Days

The Hollow Ch. Sun. 19th May 9.00 am

Mountrath Church Sun. 26th May 11.30 am

Director of Parish Development

This position is now being advertised, with a deadline of 25 March. Job description and information on how to apply can be found on www.kandle.ie.

A very sincere thank you - to you and your family - for your very generous support of and continued commitment to Mountrath and Ballyfin Parish and Mountrath and Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

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(Ballyfin Parish)

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Ceremony in Mountrath Church 11.00 am

Ceremony in Ballyfin Church 2.30 pm

Bishop Denis will lead us in both Ceremonies

1st Holy Communion Days

Sun. 19th May 2.00 pm Sun. 26th May 2.00 pm

Fr. Liam Lawton's New Mass "Mass of St. Brigid"

Will be sung at the Chrism Mass this year (Cathedral, Mon. 25th March)

Rehearsals for Chrism Mass Will be on the following dates Sts. Peter and Paul Church,

Portlaoise Mon. 11th March - 8.00 pm Carlow Cathedral Thurs. 14th March 8.15 pm

Please let Christine in FDS know if you plan to attend and indicate which venue, by phoning 059-9164084 or emailing fds@kandle.ie.

We Hold and Keep in our Thoughts and Prayers

People, their families and carers, who are ill or unwell – at home, in hospital or Nursing Home or undergoing any surgical or medical procedures. -

We wish them a speedy recovery

A very sincere thank you - to you and your family - for your very generous support of and continued commitment to Mountrath and Ballyfin Parish and Mountrath and Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

Safeguarding Children Parish Reps.

Ballyfin Parish Triona O'Rourke and Peter Byrne

Mountrath Parish Caroline Moore and Pachelli Walsh

Diocesan Designated Liaison Person: Ms. Ailish Higgins.

Deputy Diocesan Liaison Person: Ms Michelle Hughes,

c/o Bishop's House, Dublin Rd, Carlow Ph: 085 802 163

Chrim Mass 2024

Join Bishop Denis and the Clergy
of Kildare Leighlin
for the
Blessing of Holy Oils &
Renewal of Priestly Promises

25 March at 7:30 pm
Cathedral of the Assumption

With Diocesan Choir under the direction of Fr Liam Lawton
& the premiere of the Mass of St Brigid



Diocese of Kildare and Leighlin

We Are Hiring

Director of Parish Development

Closing date 25 March 2024

www.kandle.ie



KANDLE
KILDARE AND LEIGHLIN DIOCESE

Maura Dunne (Nee Dunne) Deerpark, Ballyfin R.I.P.

We pray for Maura who died peacefully on Sun. 10th March. Maura's Funeral Mass was celebrated in St. Fintan's Church, Ballyfin on Wed. 13th March followed by burial in Ballyfin Cemetery. We extend sympathy to Majella, Pat, Breda and Seamus and families, brother John Joe, sister Bernie (Kirwan) and families, grandchildren and great-grandchildren. nieces and nephews and their families, relatives, neighbours and friends.

Michael Dunne, Stradbally – Formerly Clonard R.I.P.

We pray for Michael who died peacefully at Regional Hosp., Portlaoise on Tues. 12th March. Michael's Funeral Mass was celebrated in St. Fintan's Church, Mountrath on Thurs. 14th March followed by burial in Mountrath Cemetery. We extend sympathy to his sister Mary (Pollard) and Pat, brother Martin and families, nephew, nieces and families and the staff and friends in Stradbally Cottages and Muiríosa Foundation, relatives, neighbours and friends.

Tom O'Rourke, Rathfarnham - Formerly Daingean. R.I.P.

We pray for Tom who died peacefully at Tallaght General Hosp., on Sun. 25th Feb. Tom's Funeral Mass was celebrated in Church of Our Lady of Good Counsel, Ballyboden, on Thurs. 29th Feb. followed by burial in Kilmashogue Cemetery. We extend sympathy to his wife Brid, sons Conor and Shane and their families, brothers John, Phil, Joe, Mick, and Martin, sisters Sr. Maureen, Alice, Anne and Bridget and their families. nieces, nephews and all extended family, neighbours and friends. We are remembering in a special way at this time Tom's sister Ann (Stanley) and family, Woodbrook, at this sad and difficult time for them.

May Maura, Michael and Tom rest in the peace of Christ

Ballyfin Anniversaries

Mass Times Anniversaries

Fri. 15th - Sun. 24th Mch.

Fri. 15th Mch. 5.00 pm Exposition of the Blessed Sacrament

Sat. 16th Mch 8.00 pm Vigil Mass for Feast of St. Patrick

Sun 17th Mch. 10.00 am Feast of St. Patrick

Ireland's National Saint and Patron Saint of Ireland

William Bennett, Campclone.

Mon. 18th Mch 7.00 pm Apostolate of Sanctification.

Fri. 22nd Mch. 5.00 pm Exposition of the Blessed Sacrament.

Sat. 23rd Mch. 8.00 pm Vigil Mass - Palm (Passion) Sunday.

Sun. 24th Mch 10.00 am Palm (Passion) Sunday.

Joe Conroy, Wicklow Town (Formerly Ballylusk) Month's Mind

Alan Price, Templeogue. 6th Anniv.

Mon. 25th Mch. 7.00 pm Apostolate of Sanctification.

Lord, for your faithful people, life is changed, not ended

Mountrath Anniversaries

Mass Times Anniversaries

Sat. 16th - Sun. 24th Mch.

Sat. 16th Mch. 7.00 pm Mattie Byrne, Patrick St., Month's Mind
David Gerard (Gerry) Seale, Clonenagh 1st Anniv
Kathleen Seale (Nee Collier) 2nd Anniv.
Donal Murphy, Ringstown

Sun. 17th Mch. 9.00 am [The Hollow Ch.](#)

Paddy and Mary Hosey and deceased family members, Trumera.

11.30 am Feast of St. Patrick

Ireland's National Saint and Principal Patron Saint of Ireland

John and Lucy Lally, and their son, Noel. Shannon Rd.,

Tues. 19th Mch. 10.00 am Feast of St. Joseph. Spouse of Mary.

Wed. 20th Mch. 10.00 am

Thur. 21st Mch. 10.00 am

Fri. 22nd Mch. 10.00 am Altar List of the Dead

Sat. 23rd Mch. 7.00 pm Michael and Christina Tobin
and their Daughter, Kathleen Delaney, St. Fintan's Tce.,

Sun. 24th Mch. 9.00 am - [The Hollow Ch.](#) Palm (Passion) Sunday

11.30 am Palm (Passion) Sunday

Month's Mind Mass

Sat. 6th April 7.00 pm Phil Ryan (Nee Connolly) Patrick St.,

1st Anniversary Mass

Sat. 6th April 7.00 pm Peg Maguire (Nee Patterson) New Line Rd.

"Do This in Memory" Programme

1st Holy Communion Preparation Programme in Mountrath Ballyfin Enrolement Ceremonies

Mountrath Parish Sat. 30th Sept. Mass 7.00 pm All Schools

Ballyfin. Sun. 1st Oct. Mass 10.00 am Both Schools

"Do This in Memory" Children's Masses

1. Sat. 11th Nov Mountrath Church, 7.00 pm
Sun. 12th Nov. Ballyfin Church 10.00 am
2. Sat. 9th Dec. Mountrath Church 7.00 pm
Sun. 10th Dec. Ballyfin Church 10.00 am
3. Sat. 13th Jan. Mountrath Church 7.00 pm
Sun. 14th Jan. Ballyfin Church 10.00 am
4. Sat. 10th Feb. Mountrath Church 7.00 pm
Sun. 11th Feb. Ballyfin Church 10.00 am
5. Sat. 9th Mch.. Mountrath Church 7.00 pm
Sun. 10th Mch. Ballyfin Church 10.00 am
6. Sat. 13th Apr. Mountrath Church 7.00 pm
Sun. 14th Apr. . Ballyfin Church 10.00 am
7. Sat. 4th May Mountrath Church 7.00 pm
Sun. 5th May Ballyfin Church 10.00 am

(The) Sacrament of 1st Penance

will be celebrated in March. Arrangements for the celebration of this Sacrament will be put in place in due course in conjunction with the Schools.

Dates for Celebration of 1st Holy Communion

Sun. 5th May The Hollow Church 9.00 am

With Children of Gaelscoil Thromaire

Sun. 26th May Mountrath Church - 11.30 am

With Children of all Mountrath Schools -- Note Change of Date

Sun. 19th May Ballyfin Church 2.00 pm

With children of Ballyfin National School

Sun. 26th May Ballyfin Church 2.00 pm With Children of Barnashrone National School

Mountrath Parish Lotto

14th Mch

Nos. Drawn 16 18 21 22

No Jackpot Winner

8 Match 3 Winners Rec. € 125 each

1 Local Winner Tina Feighery.

Promoter Breda Conroy

Next Week's Jackpot €17,000



A very sincere thank you - for your very generous support of and continued commitment to Mountrath Parish Lotto throughout the year.

Ballyfin Parish Lotto 13th March

Nos. Drawn 5 10 12 13

1 Jackpot Winner – Hacketstown Parish

23 Match 3 Winners Rec. € 44 ea.

1 Local Winner

Claire and Colin Heffernan, Promoter, Ann Heffernan.

Next Week's Jackpot € 10,000

A very sincere thank you
for your very generous support of
and continued commitment to
Mountrath and Ballyfin Parish Lottos



Next Week's



Ballyfin € 10,000

Mountrath € 17,000

Ballyfin Community Alert Seniors Alert Scheme

As darker evenings are upon us please be aware that grant aided personal 24/7 monitored alarms are available to people aged 65 and over. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 157 0145 for information or for application form

A Note from Edel Moloney, Supervisor, Mountrath CE Scheme

We have the following upcoming vacancies :

Caretaker - MYT - Mountrath CES 2308848

Caretaker - GAA - CES 2301698

Env Worker - Mountrath Town - CES 2254234

Env Worker - Castletown Village - CES 2268516

Shop Assistant - Vincents Mountrath - CES 2315874

Hours 19.5 hours per week.

Application Details:

Eligibility to participate on CE is generally linked to people who are 21 years or over and in receipt of a qualifying social welfare payment for 1 yr. or more or 18 years and over for certain disadvantaged groups. Eligibility will have to be verified by the Department.

You can register your interest by selection "Register your interest" on JobsIreland.ie, or you can contact a case officer in your local Intreo Centre quoting the relevant reference number above.

You can also call into our office on Patrick St, Mountrath or email mrtacpecoltd@gmail.com

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

€5 per class for under 18's

€7 per class for Adults

or included in Monthly Membership

8 yrs- 18 €35 per month

Adults €45 per month



Bring a Friend for Free in March

contact Jamie 085 200 2497





Zumba



Tuesdays 7.30 pm

St Philomena's Hall, Bloomhq, Mountrath R32 DC58

Bookings www.fitandjoy.ie

for more information contact Joanna on 0894653938



Meeting Room

“Rachel’s Room”

Brigidine Convent,
Patrick Street,
Mountrath

- Broadband Wifi
- Ample free parking
- Canteen

Contact
manager@bloomhq.ie
089 2722885



Karate

Mondays & Thursdays 7 pm

€6 per class

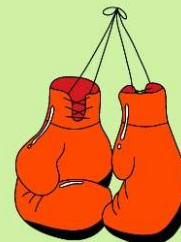
Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



Brazilian

Jiu-jitsu*

Wednesdays 8-9 pm & Saturdays 11-12 am

€ 35 per month or €5 per class

Jamie; 085 200 2497

Violin



Thursdays 3.30 pm on.

€20 for 30 min individual lesson

Irene: 089 981 8065



Trad Music

Saturdays from 11 am,

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings

20 for 30 min individual lesson

Heather 083 054 7772

to book talk to the relevant teacher



Karate

Mondays & Thursdays 7 pm
from 6 years up, €6 per class
Sensei Donal: 087 760 7063

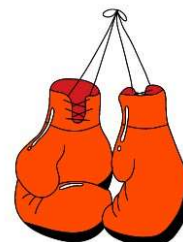
Fridays 5.30 pm 3-7 years, €7

Kickboxing

6.30 pm 8-12 years, €7

First trial class free

Shane: 086 339 9287



Brazilian 8-12 years,
Wednesdays 7-8 pm & Saturdays 10-11 am
Jiu-jitsu* € 35 per month or €5 per class
Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin

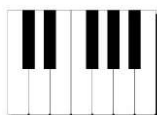


Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson
Irene: 089 981 8065



Trad Music

Saturdays from 11 am, 6+ years
€8 for 30 mins group classes
Eabha 083 8566083



Piano

Sunday mornings €20 for 30 min individual
lesson Heather 083 054 7772

to book talk to the relevant teacher

March-April 2023

TIMETABLE

**PAYG
and
Members
Always
Welcome**

*These
classes are
not included
in
membership
fee

Monday

11 am Mature Movers
7 pm Mixed Circuit Training
7 pm Karate*
7 pm Yoga*

Tuesday

10 am Beginner TRX
11 am Bowls Inc.
1.15 pm Lunchtime Hitt
7.30 pm Zumba *

Wednesday

11 am Mature Movers
5 pm Art & Craft *
7 pm Mixed Circuit Training
7-8 pm BJJ (8-12)
8-9 pm BJJ (13+)

Thursday

10 am Beginner TRX
11 am Activator Poles Inc.
1.15 pm Lunchtime Hitt
7 pm Karate*
8 pm Bowls*

Friday

5.30 pm Kickboxing (3-7)*
6.30 pm Kickboxing (8-12)*
7.30 pm Kickboxing (13+)*

Saturday

9 am Circuit Training
10-11 am BJJ (8-12)
11 am BJJ (13+)



MOUNTRATH
Martial Arts & Fitness Academy



SPÓRT ÉIREANN
SPORT IRELAND

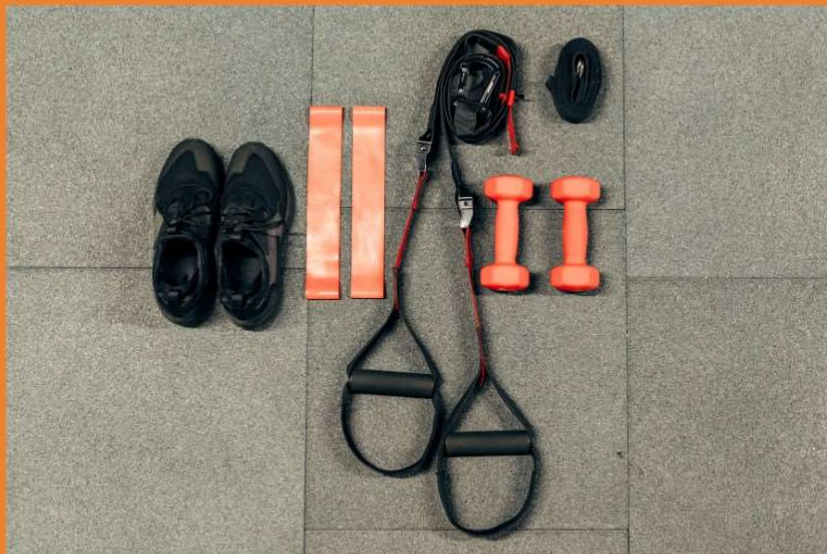


LAOIS SPORTS PARTNERSHIP
COMHAR SPÓIRT NA LAOISE



ciste na
gcuntas díomhaoin
the dormant
accounts fund

Mature Movers



Strength
Flexibility **50 + gym classes**
Balance

a bit of Endurance
& Lots of Fun

6 weeks starting Wed 6th March

Mondays & Wednesdays 11 am

45 min classes in Mountrath

€60 for 6 Weeks

Contact Ruth 086 3262570





Lots to do here in Mountrath

**Mature Movers, Circuit
Training, Karate,
Yoga,
TRX, Bowls, HIIT, Zumba,
Brazilian Jiu-Jitsu,
Activator Poles & Kickboxing**

Women in Sport Week

Monday 4th - Sunday 10th March





Zumba



Tuesdays 7.30 pm

St Philomena's Hall, Bloomhq, Mountrath R32 DC58

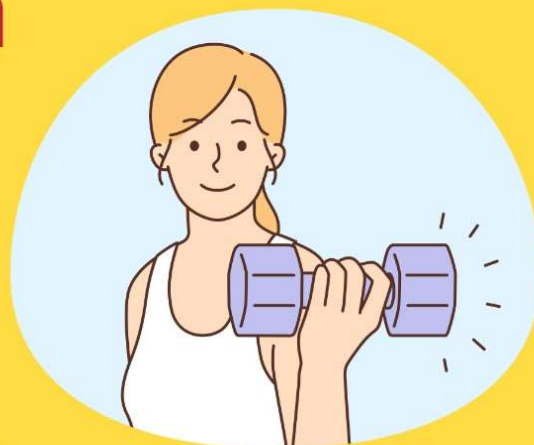
Bookings www.fitandjoy.ie

for more information contact Joanna on 0894653938

Saturday Morning Circuit Training



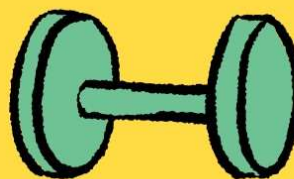
9-10 am



€ 7 PAYG

or

part of your monthly
membership



contact 086 3262 570

**The Old Convent,
Patrick St,
Mountrath, R32 DC58**



Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos

089 9818065

iramos.violinstudio@gmail.com

Thursdays

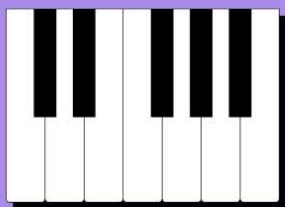


Irish Traditional Music, Whistle,
Flute, Concertina, Accordion, Fiddle,
Banjo and Mandolin

Cliona & Eabha Dowling McDonald

083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher
for times, prices etc

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

8 yrs- 18 €35 per month
Adults €45 per month

€5 per class for under 18's
€7 per class for Adults
or included in Monthly Membership

Wednesdays
Kids 7-8 pm
Teens /Adults 8-9 pm

Saturdays
Kids 10- 11 am
Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497





1 - 2 person offices for rent in our Social Enterprise centre in Mountrath



Contact 0892722885 manager@bloomhq.ie

Arts & Craft Classes



Second block of

6 week program

starting 28th February

at the later time of

Wednesdays 6-7 pm



7-12 year olds

*life drawing

*painting

*clay

*print making

*textile art

6 weeks € 30 only 12 places



contact Rhiannon 089 211 5183

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



Piano Classes Available

Starting **Sunday April 7th**

BloomHQ Mountrath

Contact Heather

083 054 7772



Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos

089 9818065

iramos.violinstudio@gmail.com

Thursdays



Irish Traditional Music, Whistle,
Flute, Concertina, Accordion, Fiddle,
Banjo and Mandolin

Cliona & Eabha Dowling McDonald

083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher
for times, prices etc



Mountrath Music Rooms



**Contact 089 272 2885
or 057 930 0036**

***Soundproof rooms**

***From € 15 per hour**

***Perfect for music lessons, counselling or grinds**

***free easy car park**

***Waiting space**

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



UNISLIM

Join Today!

Bloom Hq

Wednesdays 7-8pm

Class Talk 8pm

New members
always welcome!



9 stone
weight
loss



Mairead McCaul
Unislim Member

Join Unislim for €25
Pay €12 weekly fee thereafter
For more info visit unislim.com



unislim.com | 1800 603020

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starting 28th February

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- *life drawing**
- *painting**
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- *textile art**



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Patrick St,
Mountrath R32 DT9F



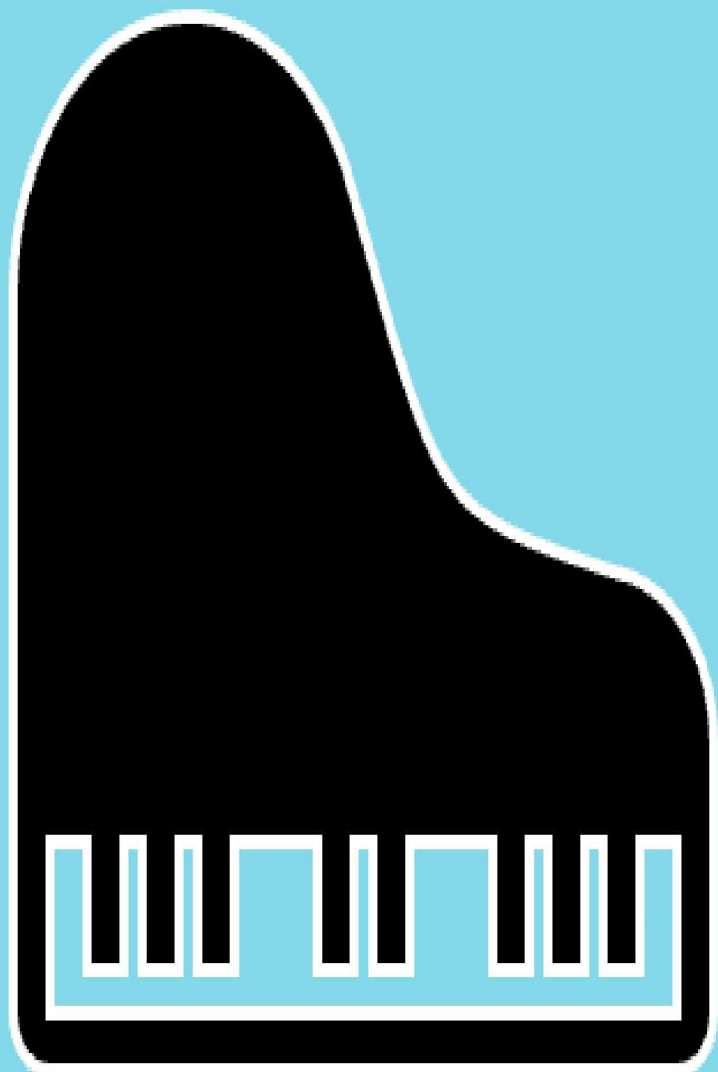
Piano Classes Available

Starting Sunday April 7th

Bloom HQ, Mountrath

Contact Heather,

0830547772



Arts & Craft Classes



**6 week program
starting 28th February**



Wednesdays 5-6 pm

7-12 year olds

***life drawing**

***painting**

***clay**

***print making**

***textile art**

**6 weeks € 30
only 12 places**



contact Rhiannon 089 211 5183

Book online at <https://mountrathgym.squarespace.com/memberships/kidsartcraft>

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



Brazilian Jiu-Jitsu/BJJ in Mountrath



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- *helps weight loss
- *improves flexibility

8 yrs- 18 €35 per month
Adults €45 per month

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Free Trial this week 14th & 17th Feb

contact Jamie 085 200 2497

Brigidine Convent, Patrick St, Mountrath, R32 DC58

MOUNTRATH
Martial Arts & Fitness Academy

 SPÓRT ÉIREANN
SPORT IRELAND

 LAOIS SPORTS PARTNERSHIP
COMHAR SPÓIRT NA LAOISE

 ciste na
gcuntas diomhaoin
the dormant
accounts fund

Music Teachers wanted



for Mountrath Music School

*soundproof rooms

*free parking

*waiting area for parents



contact Lucy 087 259 7895



Karate

Mondays & Thursdays 7 pm

€6 per class

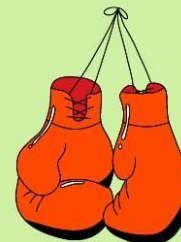
Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



Brazilian

Jiu-jitsu*

Wednesdays 8-9 pm & Saturdays 11-12 am

€ 35 per month or €5 per class

Jamie; 085 200 2497

Violin



Thursdays 3.30 pm on.

€20 for 30 min individual lesson

Irene: 089 981 8065



Trad Music

Saturdays from 11 am,

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings
20 for 30 min individual lesson

Heather 083 054 7772

to book talk to the relevant teacher

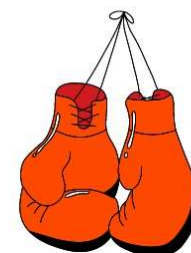


Karate

Mondays & Thursdays 7 pm
from 6 years up, €6 per class
Sensei Donal: 087 760 7063

Kickboxing

Fridays 5.30 pm 3-7 years, €7
6.30 pm 8-12 years, €7
Shane: 086 339 9287



First trial class free

Brazilian

8-12 years,

Wednesdays 7-8 pm & Saturdays 10-11 am

Jiu-jitsu*

€ 35 per month or €5 per class

Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin



Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson

Irene: 089 981 8065

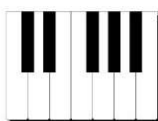


Trad Music

Saturdays from 11 am, 6+ years

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings €20 for 30 min individual
lesson Heather 083 054 7772

to book talk to the relevant teacher

Bowls All Inclusive 11am

Currently

Thursdays to accommodate the School musical

St. Philomena's Hall,
Brigidine Convent,
Patrick Street,
Mountrath

Contact Ruth 086 3262570



Roadcraft Motorcycle Training

Mick Smith is teaching the new
RSA approved Motorcycle Initial Basic Training (IBT)
here in BloomHQ, the old Convent Mountrath.

For more details and to book see:

www.roadcraft.ie

www.facebook.com/roadcraft.ie



Music Teachers wanted



for Mountrath Music School

*soundproof rooms

*free parking

*waiting area for parents



contact Lucy 087 259 7895

Activities suitable for Senior Citizens in Mountrath

Mature Movers 50 +
Mondays & Wednesdays 11 am



Bowls inclusive 11 am Tuesdays
Bowls 8 pm Thursdays

Mountrath Men's Shed
Tuesdays 10 am- 1 pm
Thursdays 2 pm- 4 pm
contact 085 705 3855



Activator Poles Inclusive
Thursdays 11 am

contact Ruth 086 3262 570



ST. PATRICK'S DAY *Mountain Rath*



SUNDAY 17TH MARCH
11.30 AM MUSIC, MARKET & MORE
PARADE 12.30 PM

ALL KINDS OF EVERYTHING



“MY WORLD”



PHOTOGRAPHIC EXHIBITION

by Mountrath & District Camera Club

Opening 7pm Friday 2nd February
in the

Gallery of Divine Inspiration

Bloomhq, Mountrath

All Welcome

Photos will be on display for the month



VIOLIN LESSONS

by Irene Ramos

- Discover the joy of music and unlock your creativity
- Weekly individual and ensemble classes for all ages
- From 3-year-olds to adults
- Studio based Mountrath

FULLY QUALIFIED SUZUKI TEACHER & ABRSM DIPLOMA IN MUSIC PERFORMANCE

FOR RATES AND/OR MORE
INFO PLEASE CONTACT ME

Phone: 0773222323

Email: iramos.violinstudio@gmail.com

 Irene Ramos
VIOLIN STUDIO





Hot Desks in Mountrath

Need somewhere to work for a day with fast broadband?

Free parking, canteen onsite.

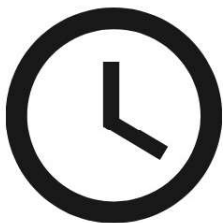
Desks from 10 euro per day

Book on <https://connectedhubs.ie>

Mountrath Men's Shed



**Old School on
Patrick Street**



**Tuesdays 10am - 1pm
Thursdays 2pm - 4pm**

Contact 0857053855



Mondays & Thursdays 7 - 8 pm



Juniors and Adults



Okinawan Karate



Black Belt Instructors

contact Sensei Donal, 5th dan
087 760 7063

Martial Arts Centre, Old
Convent, Mountrath,
R32 DC58



HIIT LUNCHTIME CLASS

High-Intensity Interval Training

Tuesdays & Thursdays

1.15 pm for 40 mins

5 euro a class

OR

part of your monthly
gym package

Book with Ruth 086 3262 570





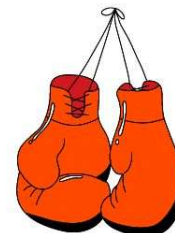
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Shane: 086 339 9287



Brazilian Jiu-jitsu*

*starting 14th & 17th Feb
with free trial

8-12 years,
Wednesdays 7-8 pm &
Saturdays 10-11 am
€ 35 per month
Jamie; 085 200 2497



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Trad Music

Saturdays from 11 am, 6+ years
€8 for 30 min group classes
Eabha 083 8566083



to book talk to the relevant teacher

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

Come join our free trial
Wednesday 14th &
Saturday 17th
February

8 yrs- 18 €35 per month
Adults €45 per month

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

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contact Jamie 085 200 2497



Brigidine Convent, Patrick St, Mountrath, R32 DC58



Bowls All Inclusive 11am Tuesdays

St. Philomena's Hall,
Brigidine Convent,
Patrick Street,
Mountrath

Contact Ruth 086 3262570





Irish Traditional
MUSIC
LESSONS

**Whistle, Flute, Concertina, Accordion,
Fiddle, Banjo and Mandolin**



Clióna and Éabha
Dowling McDonald

More Information :
Contact 083
8566083



Music Classes in Mountrath

- **Lessons in BloomHQ**
- **Violin Lessons by Irene Ramos**
0773222323
iramos.violinstudio@gmail.com

Contact the relevant teacher to arrange days/times/prices

- **Irish Traditional Music, Whistle, Flute, Concertina, Accordion, Fiddle, Banjo and Mandolin**
Cliona & Eabha Dowling McDonald
083 8566083



School of Music - Mountrath



Please use your recyclable blue token to
vote for us in the Tesco Community Fund.



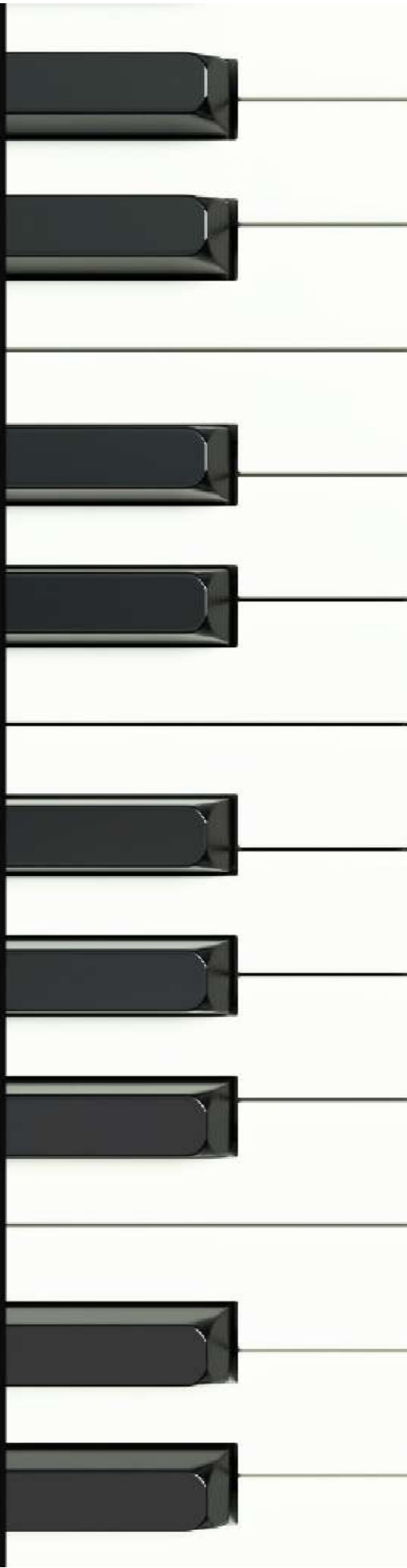
PIANO TEACHER WANTED



For our new Music Rooms
Contact Lucy 087 259 7895



The Old Convent,
Patrick St,
Mountrath,
R32 DC58



Mountrath Scouts



Looking for a way for your kids to learn new skills and spend time in the great outdoors why not try scouts!

For all ages from beavers to ventures and into leaders !



Scouts is a way to

- Meet new people.
- Learn new skills.
- Spend time outside.
- Make friends for life.

Friday nights

In the brigidine convent (Bloom HQ) Patrick street mountrath
R32 DC58

7:00 till 8:30

€5 pp

or

€4 per sibling



Date for the Diary

The Sacrament of Confirmation will be celebrated in

Mountrath / Ballyfin Parishes on **Fri. 26th April 2024**

The Ceremony in Ballyfin Parish Church will Commence

at 2.30 pm

Bishop Denis will lead us in both our celebrations

Carlow Union of Parishes Lent - Easter Talks 2024 *Living Faith*



1. Thursday 22nd February 7.30pm **"Lent/Easter, The Journey"**
Dean Tom Gordon, Cathedral Church of Saint Laserian's, Leighlin.
2. Wednesday 28th February 7.30pm **"Prayer / Spirituality"**
Rev. Liam Dunne Chaplain, Carlow/Saint Patrick's College.
3. Wednesday 6th March 7.30pm **"The Cross"**
Rev. Katherine Kehoe, Carlow and Kilkenny Methodist Church,
4. Wednesday 13th March 7.30pm **"Triduum / Resurrection"**
Bishop Denis Nulty, Roman Catholic Bishop of Kildare & Leighlin
5. Friday 15th March 7.30pm **"Songs of Prayer, Faith and Praise"**
with the Carlow Community Choir and their Director Mary Amond O' Brien.
6. Wednesday 20th March 7.30pm **"Grief and Loss - A Christian Perspective"**
Rev. Paul Fitzpatrick, in conjunction with the Carlow Mental Health Association.

Saint Mary's Church, Haymarket, Carlow R93YW77

To care for those
who once cared for us
is one of the highest
honors in life.

– Tia Walker



LESSONS
LEARNED
Life

Ballyfin Community Alert Seniors Alert Scheme

Grant aided personal 24/7 personal monitored alarms

help people aged 65 and over to live securely in their homes with peace of mind. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact

Sheila on 086 1570145 for
information/application form.

Newsletter Items: - From around the Diocese

- **Director of Parish Development:** This position is now being advertised, with a deadline of 25 March. We ask for your help in advertising this job opportunity locally through parish newsletters and parish website and/or social media platforms, as well as to any groups or people you think it would be of interest to. An image is attached for such promotion as well as a newsletter notice below. Job description and information on how to apply can be found on www.kandle.ie. This is an important appointment and any assistance in letting people know of it would be much appreciated.

- **Mass of St Brigid Open Workshop**

An open workshop with composer Liam Lawton will take place the following dates:

Monday 11th March 2024, St. Peter & St. Paul's Church, Portlaoise @ 8.00 p.m.

Thursday 14th March 2024, Cathedral of the Assumption, Carlow @ 8.00 p.m.

Come and learn a new Mass setting suitable for all choirs. Admission is Free.

- **Portuguese Mass Portlaoise:**

The Brazilian Catholic community in Laois invites you and your family to join them for a

mass in Portuguese. The celebration will take place on Saturday, 16th March @ 7.30 p.m.,

St. Peter & St. Paul's Church, Portlaoise. All are welcome.

- **Chrism Mass:**

Bishop Denis invites you to join him for the celebration of the Chrism Mass. It will take

place in the Cathedral of the Assumption in Carlow on Monday, 25 March at 7:30 pm. At

this diocesan Mass, the holy oils are blessed and consecrated for use in parishes in the

coming year and the priests of the diocese renew their priestly promises. The diocesan

choir will lead us in singing, for the first time, the newly composed Mass of St Brigid by Fr Liam Lawton.

- **Solemn Novena to our Lady of Perpetual Help**

Takes place in St Peter & Pauls Church Monasterevin on Wednesday 20th, Thursday 21st and Friday 22nd of March from 7.30pm each evening. The theme of the novena is peace and everyone is welcome to attend.

- **Mental Health Peer-Support:**

Cycle Against Suicide is offering the opportunity to avail of online training in Mental Health Peer-Support. The training provided transcends traditional boundaries, breaks down the stigma associated with mental health discussions. The benefits are profound and far-reaching. Trained Peer-Supporters are attuned to subtle shifts in their community's wellbeing. This heightened awareness fosters a culture of genuine care and concern.

No funding is necessary to do the training. It is offered free to volunteers in a community club, association or who are associated with any part of their community's safety, health and wellbeing in a drive to encourage people to take on this vital role for their own community and help bring Peer-Support to the heart of communities as a critical part of mental health awareness and suicide prevention.

Course: **Cycle Against Suicide Mental Health Peer Support (Buddy) Training**

Details: www.cycleagainstsucide.com/register-to-become-community-buddy/

Delivery: **Online via Zoom**

Time: **7-10pm on 4 evenings over 2 weeks**

Option 1: **March: Tues 12th, Thurs 14th & Tues 19th, Thurs 21st**

Option 2: **April: Mon 8th, Wed 10th & Mon 15th, Wed 17th**

Option 3: **May: Mon 13th, Wed 15th & Mon 20th, Wed 22nd**

To Register: training@cycleagainstsucide.com or online
at www.cycleagainstsucide.com/register-to-become-community-buddy/

- **ACI Rewilding Faith Creating New Spaces for Faith Workshop**

A workshop to equip and encourage lay people to take leadership around their faith, and create spaces to nurture their faith and that of others. Takes place via Zoom on Thursday 14th March at 8.00 p.m. The workshop will draw on Active Hope process. Developed by US eco-philosopher Joanna Macy, and Scottish Mental Health Specialist, Dr Chris Johnstone, this reflective group process is intended to support people becoming active participants in bringing about what they hope for. Tickets cost €10, to sign up please visit <https://www.patriciahiggins.ie/event-details-registration/aci-rewilding-faith-creating-new-spaces-for-faith-workshop>